

Particulate pollution
is a problem in the Bay Area
especially in the winter so...

Spare the Air in the Wintertime too!



Particulate matter includes dust, soot, ash and smoke. It can remain suspended in the air for many days and is a major component of air pollution.

Particulate pollution is most severe in the cold months when climatic inversions trap particulates close to the ground in the breathing layer.

Particulates can cause coughing, shortness of breath and even permanent lung damage.

Particulate pollution in the Bay Area comes mainly from chimney smoke and tailpipe exhaust.

**Some thoughts
on how to
Spare the Air
in the
wintertime**

**Eliminate or limit
woodburning in your
fireplace or wood stove.**

Avoid unnecessary driving.

**Carpool, walk, bicycle or use
mass transit as much as possible.**

For transit info call 817-1717.

**Switch to a natural gas fireplace,
or EPA-certified wood stove
or fireplace insert.**

**Burn manufactured
composition logs.
They produce 50% less pollution.**

**If you must burn wood,
learn to "Light it Right"
with the Bay Area Air Quality**

**Management District's
Woodburning Handbook.**

**For a Woodburning Handbook
or more information
about wintertime air pollution
call 1-800-HELP AIR
or visit www.sparetheair.org**

